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**Diet and Nutrition  
Care Manual | Becky  
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Diet and Nutrition Care  
Manual Forward iii

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Acknowledgements

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Dorner, RDN, LD, FAND  
is widely-known as one  
of the nation's leading  
experts on nutrition,  
aging, and long-term  
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## **Diet and Nutrition Care Manual**

The Nutrition Care Manual has all the diet and disease information you would expect in a diet manual including client education materials. There are features such as a customizable formulary of nutritional solutions, calculators, disease specific screening and assessment forms, and

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cultural food practices for many ethnic and religious groups.

## **Nutrition Care Manual - Commission on Dietetic Registration**

A professional practice manual for registered dietitian nutritionists; nutrition and dietetics technicians, registered; and allied health professionals working with the pediatric population. Please

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Chris Rosenbloom,

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PhD, RDN, CSSD, Editor  
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FDA's Center for Food  
Safety and Applied  
Nutrition developed  
"Everyday Food  
Safety" resources to  
increase food safety  
awareness among  
young adults ages 18 -

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29. Check out the materials available to use in your classroom, health expo, waiting room, or website.

## **Printable Materials and Handouts | Nutrition.gov**

The Nutrition Facts panel on a label lists the grams of total carbohydrate in 1 standard serving. The label's standard serving may be larger or smaller than 1

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carbohydrate serving.  
To figure out how many carbohydrate servings are in the food:

- Look first at the label's standard serving size.
- Then check the grams of total carbohydrate.

## **Carbohydrate Counting for People with Diabetes**

This content is provided as a service of the National Institute of Diabetes and

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Digestive and Kidney Diseases (NIDDK), part of the National Institutes of Health. The NIDDK translates and disseminates research findings to increase knowledge and understanding about health and disease among patients, health professionals, and the public.

**Eating, Diet, &  
Nutrition for GER &**

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#### **GERD | NIDDK**

The Nutrition Care Process (NCP) is designed to improve the consistency and quality of individualized care for patients/clients or groups and the predictability of the patient/client outcomes. It is not intended to standardize nutrition care for each patient/client, but to establish a



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standardized process  
for providing care.

### **Nutrition Care Process - EAL**

Defined as “actual  
physical activity, self-  
care, and quality of life  
problems as reported,  
observed, or

documented” Physical  
inactivity NB-2.1

Excessive exercise

NB-2.2 Inability or lack  
of desire NB-2.3 to  
manage self-care

Impaired ability to

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NB-2.4 prepare  
foods/meals Poor  
nutrition quality of life  
NB-2.5

## **NUTRITION DIAGNOSTIC TERMINOLOGY**

Nutrition in Clinical  
Practice April 2011  
"Diverticular Disease:  
Evidence for Dietary  
Intervention?" Nutrition  
Issues in  
Gastroenterology (in  
Journal of Practical  
Gastroenterology)

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February 2007 "Fiber Content of Foods"  
Nutrition Care Manual  
from the Academy of Nutrition and Dietetics  
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## **Digestive Health Center Nutrition ... - Stanford Health Care**

The Nutrition Care Process (NCP) is a systematic approach to providing high quality

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nutrition care. The NCP consists of four distinct, interrelated steps: Nutrition Assessment : The RDN collects and documents information such as food or nutrition-related history; biochemical data, medical tests and procedures; anthropometric measurements ...

**The Nutrition Care Process (NCP) -**

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McClave SA, Taylor BE,  
Martindale RG, Warren  
MM, Johnson DR,  
Braunschweig C, et al.  
Guidelines for the  
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